

Building Personal and Collective Agency for Well-Being and Better Healthcare Systems

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Pandemic burn-out rates are expected to be even higher than before the pandemic. This crisis exacerbated the loss of control, purpose, and connection for healthcare workers. Organizations switched to a decision-making style that put frontline workers further away from the table. Building effective personal agency and collective agency not only improves well-being for those who need to be heard but results in wiser decisions for how we care for patients. The target audience for this healthcare leadership educational track are physicians, nurse practitioners, and physician assistants.

Credit

This activity was planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Interstate Postgraduate Medical Association and Influencing Healthcare. The IPMA is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designations

The Interstate Postgraduate Medical Association designates this other activity (Webinars/Enduring, Coaching, Peer-to-Peer) for a maximum 57 *AMA PRA Category 1 Credit(s)*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Webinars/Enduring Education: 18 CE

Wisdom Council: 9 CE

Coaching 1:1 Sessions: 30 CE

Commercial Support

None

Disclosure Information

As a provider dedicated to independent education and accredited by the ACCME, IPMA must ensure balance, independence, objectivity, and scientific rigor in all of its educational activities. All individuals with potential to influence the content of this program have disclosed all financial relationships that have occurred in the past 24 months with ineligible companies. The disclosures have been reviewed according to policy and these declarations are listed below. All individuals with potential conflicts have been contacted as needed by IPMA staff, and issues of conflict have been discussed, managed, and mitigated.

Individual	Role	Disclosure
Dawn Ellison, MD	Program Planning, Faculty	No relevant financial relationships to disclose
Heidi Ness	Program Planning	No relevant financial relationships to disclose
Cheri Olson, MD	Content Review	No relevant financial relationships to disclose

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